

Prestige

Lateral Raise

21-piece strength line provides a premium option for facilities seeking an exceptionally versatile, user-friendly, biomechanically correct solution for “walkup and workout” users.

FEATURES

- **Horizontal axis:** Provides optimal alignment with medial deltoid.
- **Design:** Encourages users to stabilize core while also allowing for targeted positioning.
- **Angled inputs:** Minimize external rotation during movement for better focus on deltoids.

USER AMENITIES



- **Placards:** Review proper set-up, movement and muscles trained. QR codes provide access to step-by-step videos demonstrating correct form and multiple exercise options.



- **Smartphone/tablet holder:** Your mobile device is safe and secure with our adjustable clip, designed for all smartphones and tablets. Simply clip in and go.



- **Water bottle/towel holder:** Keep your water and towel within arm's reach with our convenient water bottle and towel holder, standard on every Prestige machine.



- **Twist select incremental weight system:** Allows user to adjust weight quickly and simply in 5 pound increments.



SPECIFICATIONS

Product Number	21160
Dimensions L x W x H	50" x 48" x 58" (127 cm x 122 cm x 162 cm)
Standard Stack	165 lb (75 kg)
Heavy Stack	205 lb (93 kg)
Standard Weight	485 lb (220 kg)
Heavy Weight	525 lb (239 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors, 33 upholstery colors and 4 enclosure styles

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