



SEATED LEG CURL

0003

Muscles worked: Hamstrings

Dimensions:

- Width: 960mm
- Length: 1510mm
- Height: 2100mm

Total Machine Weight:

- 268kg

Standard Weight Stack:

- 109kg

Upgradable Weight Stack:

- 142kg / 175kg

Max Weight Resistance:

- 175kg

Max user weight:

- None

Key selling points:

- Compact design with a small footprint
- Extremely heavy-duty yet comfortable thigh brace
- Forward and backwards adjustable pivoting back rest
- Adjustable roller pad for pin-point perfect adjustment