

Bravo Basic

Functional Training System

The truly innovative Bravo™ Functional Training System combines unique technologies and the best aspects of selectorized and cable-based strength training equipment to offer simple, safe operation, expanded functionality and better results.

FEATURES

- **Solid, sturdy, rugged:** The same words that describe the fittest athletes also apply to our powerful functional trainer. One look at the Bravo Basic tells you that it's built to handle the punishment dished out by a steady stream of users in a wide range of facilities – from compact corporate and hotel exercise rooms to firehouses, police stations, and school fitness centers.
- **Make it yours:** You can match the Bravo Basic to the décor and color palette of your facility. Choose from standard, duo-tone, or a virtually unlimited selection of custom colors to make a dramatic branding statement with this dynamic functional trainer.
- **Dual weight stack:** Two weight stacks allow for fully independent motion and asymmetrical loads for single users, or individual stations for two users.
- **Cable adjustment:** 21 selectable positions allow cable positioning for an extraordinary variety of exercises.
- **Instructional placards:** Clearly illustrated placards show some of the more popular exercise movements.
- **Dedicated accessories:** Standard accessories include two strap handles, an ankle cuff, and a triceps rope. An optional lat pull bar is also available for even more versatility.



SPECIFICATIONS

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| Product Number | 18000 |
| Dimensions L x W x H | 34" x 67" x 83.5" 86 cm x 170 cm x 212 cm |
| Weight Stacks | 170 lbs (77 kg) |
| Machine Weight | 695 lbs (315 kg) |
| Lifting Ratio | 2:1 |
| Color | Available in 15 frame colors or a virtually unlimited variety of custom colors and 33 upholstery colors |

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