

VR1 Duals

Multi-Press

An extension of the VR1 line, Duals provide exceptional space-saving flexibility and offer the same line features and benefits that VR1 provides. The 9-piece line targets all key muscle groups.

FEATURES

- **Space/cost saving duals:** For facilities that are watching their budget and operate in limited space, the VR1 Duals are the answer. An extension of the VR1 line, Duals further capitalize on the compact VR1 footprint by using multi-function mechanisms to get two exercises in one machine. These units provide exceptional flexibility and carry with them all of the same line features and benefits that VR1 provides.
- **Three in one:** The VR1 Duals Multi-Press provides a Chest Press, Incline Press, and Overhead Press in a single package.
- **Simplest adjustments:** The seat assembly adjusts by way of a single detent knob and provides three position choices in both the overhead and incline press movements.
- **Safe never felt this good:** To ensure appropriate positioning and range of motion, the pressing arm includes five start positions. The grips are angled to ensure neutral wrist position which means less stress on the wrist for a more comfortable and safer exercise.



SPECIFICATIONS

Product Number	13240
Dimensions L x W x H	78" x 51" x 62" (198 cm x 130 cm x 157 cm)
Light Stack	150 lbs (68 kg)
Standard Stack	220 lbs (100 kg)
Light Weight	412 lbs (187 kg)
Standard Weight	482 lbs (219 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors and 33 upholstery colors

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