

Pro3700Classic Specifications

• Standard ○ Optional

KEY MECHANICAL FEATURES

Stride length	24" (61 cm)
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	•
Covered track and rollers	•
MultiGrip™ and Converging Path™ handlebars	•
Moving handlebar lock-out option	•
Side steps	○
Water bottle holder	•
Tablet/reading rack	•
Transport wheels	•

ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready (Polar®)	•
Self-powered	•
HeartLogic™ Intelligence	•

CONSOLE OPTIONS

Standard	•
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ENTERTAINMENT OPTIONS

Personal Viewing Screen	○
Wireless 900 Mhz	○

WORKOUTS

Number of programs	19
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PRESET PROGRAMS

Manual	•
Random	•
Interval	•
Custom Interval	•
Hill	•
10K	•
CROSS CIRCUIT®	•

HEART RATE-CONTROLLED PROGRAMS

Heart Rate Fat Burn	•
Heart Rate Cardio	•
Heart Rate Interval	•
Heart Rate Custom Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•
New Leaf® Custom	•

ADVANCED PROGRAMS

30:30 Interval	•
MMA	•
Constant Power Watts	•
Constant Power METs	•

FITNESS ASSESSMENT PROTOCOL

Navy PRT	•
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WORKOUT BOOSTERS

X-Mode™	•
GluteKicker™	•
ArmBlaster	•

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 kg)
Footprint (W x L)	31" x 69" (78 cm x 175 cm)
Footprint - live area (W x L)	34" x 83" (86 cm x 210 cm)
Product weight	320 lbs (145 kg)
Footprint with side steps (W x L)	37" x 83" (94 cm x 211 cm)
Weight with side steps	348 lbs (158 kg)

WARRANTY

Frame	Lifetime
Parts	3 years
Labor	1 year

PERSONAL ENTERTAINMENT

Octane Fitness' fully integrated, user-friendly controls ensure that exercisers can effortlessly enjoy their favorite shows and entertainment. Add a personal viewing screen or 900 Mhz wireless TV receiver to the console with integrated keypad controls for a sleek, clean entertainment solution.



PERSONAL VIEWING SCREEN

Screen	15" (40 cm) wide screen format
Tuners	Analog and digital

TV controls	Mute, auto on/off, channel, default channel, previous channel, volume, source, 0-9 keypad
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Inputs	Component video, RCA, coaxial, 30-pin iPod®/iPhone®, headphone jack (replaceable)
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Power	110-240 VAC
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Weight	3 lbs (1 kg)
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Size (L x W x D)	15.75" x 9.75" x 1.5" (40 cm x 25 cm x 4 cm)
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Warranty	3 years advance exchange/1 year labor 90 days on modular headphone jack
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900 MHZ WIRELESS RECEIVER

Transmitters	Compatible with Cardio Theater, Broadcast Vision, MYE Entertainment, Enercise, Audeon
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Memory	Channel settings stored
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TV controls	Mute, channel/volume up and down
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Inputs	Headphone jack (replaceable)
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Power	Self-powered
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Warranty	3 years parts/1 year labor 90 days on headphone jack
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PREMIUM QUALITY AT AN UNBEATABLE VALUE

UPPER-BODY ERGONOMICS

MultiGrip and Converging Path handlebars engage the upper body and custom-fit exercisers.

REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward.

MMA

Mixed Martial Arts, or MMA, is one of the hottest sports worldwide. Now exercisers can test their skills in Octane's unique regimen that mimics rigorous training routines like those used by a fighter in the cage.

SIDE STEPS

Add workout variety with this option to focus on the upper body only.

PRO3700C OCTANE ADVANTAGES

- MultiGrip & Converging Path handlebars
- Close pedal spacing
- Advanced training—MMA and 30:30
- Workout Boosters
- Side step-compatible



Standard Console