



PEC FLY / REAR DELT

0020

Muscles worked: Pecs, Delts, Biceps, Triceps

Dimensions:

- Width: 1530mm
- Length: 1420mm
- Height: 1820mm

Total Machine Weight: • 226kg

Standard Weight Stack: • 109kg
Upgradable Weight Stack: • 142kg
Max Weight Resistance: • 142kg

Max user weight: • None

Key selling points:

- 50mm revolving handles for Pec Flys
- 30mm fixed horizontal handles for Rear Delts
- 109kg Weight stack
- Compact footprint
- Sturdy leg brace
- Easy to adjust
- Watson lifetime warranty