

VR1 Duals

Fly/Rear Delt

An extension of the VR1 line, Duals provide exceptional space-saving flexibility and offer the same line features and benefits that VR1 provides. The 9-piece line targets all key muscle groups.

FEATURES

- **No two arms are alike:** Cybex uses independent movement to train each arm according to its need. By allowing the arms to move independently of each other, VR1 delivers the ability to balance the workout when one arm is weaker or injured. Independent movement encourages symmetrical strength development and also allows for bilateral reciprocal training.
- **Auto-adjusting:** VR1 offers another automatic adjustment feature. The floating input arms automatically adjust to varying user arm lengths.
- **Variety:** Horizontal and vertical handles provide for user variety. They are positioned so that the seat does not have to be adjusted going from one grip to another.



SPECIFICATIONS

Product Number	13111
Dimensions L x W x H	55" x 50" x 74" (141 cm x 127 cm x 188 cm)
Light Stack	150 lbs (68 kg)
Standard Stack	220 lbs (100 kg)
Light Weight	426 lbs (194 kg)
Standard Weight	496 lbs (225 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors and 33 upholstery colors

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