

# THE PRO3700 CLASSIC

## PRO3700C

The Pro3700 Classic elliptical machine from Octane Fitness offers the same high-end performance features and exceptional quality at an unbeatable value. Features the natural, smooth motion that Octane is known for, digital contact heart rate sensors, signature advanced programs, exclusive Workout Boosters and full commercial warranty.



### OCTANE ADVANTAGES

- **Converging Path & MultiGrip handlebars**
- **Biomechanically correct pedal spacing**
- **Advanced Training - MMA and 30:30**
- **Workout Boosters**
- **CROSS CIRCUIT compatible**

# PRO3700C SPECIFICATIONS

• Standard ○ Optional

## KEY MECHANICAL FEATURES

Stride length	24" (61cm)
Pedal spacing	1.8" (4.5cm)
Low step-up height	•
Covered track and rollers	•
QuadLink™ Drive	•
Converging Path™ handlebars	•
MultiGrip™ handlebars	•
Moving handlebar lock-out	•
1-time adjustable handlebar position	•
Water bottle holder	•
Reading rack	•
Transport wheels	•

## ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready	•
Self-powered	•
HeartLogic™ Intelligence	•
FitLinxx® compatible	•

## WORKOUTS

Number of programs	20
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## PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Custom Interval	•
Hill	•
10K	•

## HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Cardio	•
Heart Rate Interval	•
Heart Rate Custom Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•
New Leaf® Custom	•

## ADVANCED PROGRAMS

CROSS CIRCUIT® Solo	•
CROSS CIRCUIT® Group	•
30:30 Interval	•
MMA	•
Constant Power Watts	•
Constant Power METs	•

## FITNESS ASSESSMENT PROTOCOL

Navy PRT	•
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## WORKOUT BOOSTERS

X-Mode™	•
GluteKicker™	•
ArmBlaster	•

## ENTERTAINMENT OPTIONS

Personal Viewing Screen	○
Wireless 900 Mhz	○

## PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	31" x 69" (78 cm x 175 cm)
Footprint - live area (W x L)	34" x 83" (86 cm x 210 cm)
Product weight	320 lbs (145 Kg)
Footprint with CROSS CIRCUIT stands (W x L)	39" x 84" (99 cm x 213 cm)
Product weight with CROSS CIRCUIT stands	405 lbs (83 Kg)



## UPPER-BODY ERGONOMICS

Patented, one-of-the-kind Converging Path and MultiGrip handlebars that better engage the upper body and assist with fitting every exerciser better.



## MMA

Mimics real-life MMA bouts and gives participants an effective training routine like a fighter in the ring.



## REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.



## PERSONAL ENTERTAINMENT

Please every member with individual viewing screens for the ultimate workout experience.